



46° CONGRESSO A.L.O.T.O.

**Degenerazione osteo
articolare ed instabilità
nella genesi del dolore cronico**

Roma 11 e 12 Dicembre 2009

Centro Congressi Roma Eventi

Presidenti

Manlio Fabio Caporale - Sandro Rossetti

**LA RIPARAZIONE DELLA LUSSAZIONE ACROMION –
CLAVEARE CRONICA CON ALLOGRAFT
ESPERIENZA PRELIMINARE**

M. SPOLITI, S. CHIOSSI , F.R. ROSSETTI

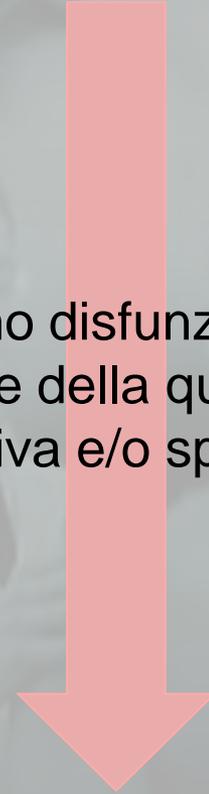
***SERVIZIO “ONE DAY SURGERY”
DIVISIONE DI CHIRURGIA ORTOPEDICA***

Azienda ospedaliera San.Camillo-Forlanini ROMA



LUSSAZIONE A-C CRONICA SINTOMATICA

Dismorfismo disfunzionale con
alterazione della quotidianità
lavorativa e/o sportiva.



RIPARAZIONE

A METHOD OF REPAIR OF SYMPTOMATIC CHRONIC ACROMIO-CLAVICULAR DISLOCATION

JOHN S. THIEMEYER, JR., A.B., M.D.

NORFOLK, VIRGINIA

FROM THE U. S. NAVAL HOSPITAL, PORTSMOUTH, VA

NUMEROUS METHODS OF repair of symptomatic acromio-clavicular joint dislocation have been devised, and some of them give good results. These vary from repair of the coraco-clavicular and acromio-clavicular ligaments with materials such as fascia lata (Bunnell¹ and Meyerding⁴) braided silk (Watkins⁹), or kangaroo tendon, to fixation of the clavicle to the coracoid and/or acromion by various devices as screws or wires (Murray,⁶ Phemister,⁷ Vere Hodge¹⁰).

In addition, many surgeons have obtained adequate results by resection of the distal end of the clavicle (Gurd,³ Mumford⁵), or fusion of the acromio-clavicular joint.

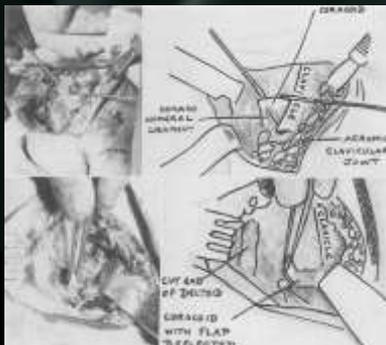
clavicular joint was designed for surgical approach at the site of the material was to be detected any vital structures. Best of all, the ligaments were most exactly repaired and it is the importance of the living tissue fixation than and it thus

- 1 Bunnell, S.: Fascial Graft for Dislocation of Acromioclavicular Joint. *Surg., Gynec. & Obst.*, **46**: 563, 1928.
- 2 Campbell, W. C.: *Operative Orthopedics*. 1st Ed., C. V. Mosby Co., St. Louis, 1939.
- 3 Gurd, F. B.: Treatment of Complete Dislocation of Outer End of Clavicle. *Am. Surgeon*, **113**: 1094, 1941.
- 4 Meyerding, H. W.: Treatment of Acromioclavicular Dislocation. *S. Clin. North America*, **17**: 1199, 1937.
- 5 Mumford, E. B.: Acromioclavicular Dislocation. *J. Bone & Joint Surg.*, **23**: 799, 1941.
- 6 Murray, Gordon: Fixation of Dislocation of the Acromioclavicular Joint. *Canad. M. A. J.*, **43**: 270, 1940.
- 7 Phemister, D. B.: Treatment of Acromioclavicular Dislocation by Open Reduction and Threaded-Wire Fixation. *J. Bone & Joint Surg.*, **24**: 166, 1942.
- 8 Schneider, C. C.: Acromioclavicular Dislocation. *J. Bone & Joint Surg.*, **15**: 957, 1933.
- 9 Watkins, J. T.: Operation for Acromioclavicular Luxations. *J. Bone & Joint Surg.*, **7**: 790, 1925.
- 10 Watson-Jones, Sir R.: *Fractures and Joint Injuries*. 3rd Ed., Williams & Williams Co., Baltimore, 1946.

Ann Surg. 1954 J

TRASPOSIZIONE DEL CORACO ACROMIOCLAVICOLARE PRO CLAVICOLA

8 casi ottimi risultati medio 3 aa circa





TAB. 12-4. TECNICHE OPERATORIE PER LE LESIONI DI TIPO III

Riparazione	Autori
Sintesi primaria	Baيمان ²⁰ , Bundens e Cook ²¹

Knee Surg, Sports Traumatol, Arthrosc (2001) 9:307-312
DOI 10.1007/s001670100222

SHOULDER

Attila Pavlik
Dezső Csépai
Péter Hidas

Surgical treatment of chronic acromioclavicular joint dislocation by modified Weaver-Dunn procedure

there is no lateral clavicle resection, the coracoacromial ligament graft is sutured to the coracoid process and the clavicle by transosseous



A METHOD OF REPAIR OF SYMPTOMATIC CHRONIC ACROMIO-CLAVICULAR DISLOCATION
JOHN S. THIEMEYER, JR., A.B., M.D., F.A.C.S.

This flap is then sutured to the inferior surface of the clavicle by chromic 0 suture passed through two small drill holes in the clavicle, which has been roughened with a rasp. The conoid-trapezoid ligament is then plicated securely. The deltoid

Injuries to the acromion and acromioclavicular joint

Rokwood CA 1984 Lippincott

Reposizione
Con o senza resezione della clavicola distale

Dewar e Barrington²², Bailey e O'Connor^{23,24}, Berson e coll.²⁵, Glorian e Delplace²⁶

ACROMIO-CLAVICULAR DISLOCATION

DA
Raf

FEBRUARY 1965

The American Journal of Sports Medicine

Kinematic Evaluation of the Modified Weaver-Dunn Acromioclavicular Joint Reconstruction

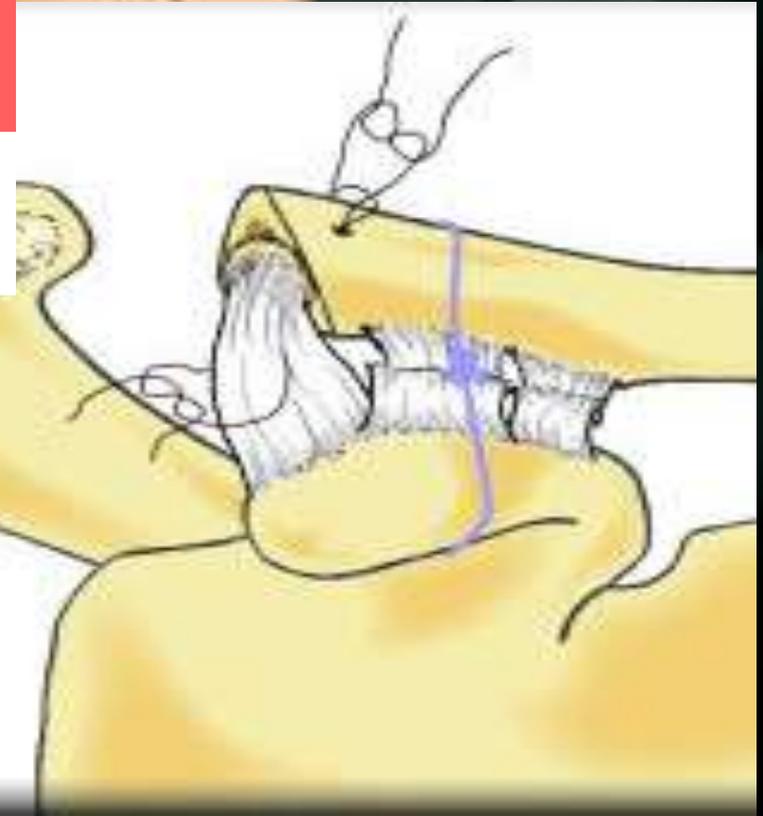
LAPRADE Robert F. WICKUM Daren J.; GRIFFITH Chad J.;
LUDEWIG Paula M

American journal of sports medicine

2008, vol. 36, n°11, pp. 2216-2221

Conclusion: The modified Weaver-Dunn reconstruction was found to restore motion of the acromioclavicular joint to near-intact values, but created a more anterior and inferior position of the clavicle with respect to the acromion. **Clinical Relevance:** These kinematic data support the modified Weaver-Dunn reconstruction as a kinematically sound procedure to treat displaced acromioclavicular joint injuries.

gery





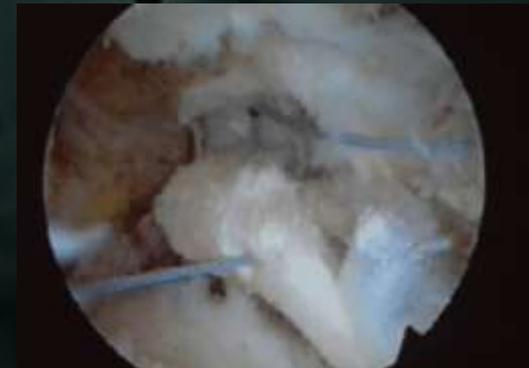
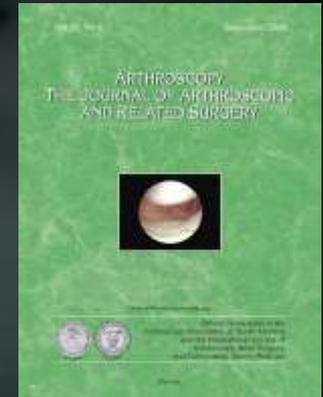
Arthroscopic reconstruction for acromioclavicular joint dislocation

Wolf EM & Pennington WT Arthroscopy 2001

Arthroscopic Treatment of Acute and Chronic Acromioclavicular Joint Dislocation

La Fosse L et al Arthroscopy 2005

The coracoacromial ligament is dissected from the undersurface of the acromion and is reinserted on the inferior clavicle by transosseous suture fixation. Additional wire or screw stabilization may be used.





Arch Orthop Trauma Surg (2006) 126: 575–581
DOI 10.1007/s00402-005-0073-6

ORIGINAL ARTICLE

Banča Černchužít · Thomas Tischer
Andreas B. Imhoff

Arthroscopic reconstruction of the acromioclavicular joint disruption: surgical technique and preliminary results

the preliminary results. *Materials and methods:* Thirteen patients with a mean follow-up of 18 months underwent the arthroscopic acromioclavicular joint reconstruction using suture anchors and small titanium plate. The

Knee Surg Sports Traumatol Arthrosc (2009) 17:92–97
DOI 10.1007/s00167-008-0633-8

SHOULDER

Arthroscopic reconstruction of chronic AC joint dislocations by transposition of the coracoacromial ligament augmented by the Tight Rope device: a technical note

Hamid Hosseini · Svenja Friedmann ·
Markus Tröger · Philipp Lobenhoffer ·
Jens D. Agneskirchner





Triple Endobutton Technique in Acromioclavicular Joint Reduction and Reconstruction

Yeow Wai Lim,¹MBBS, MMed (Surg), FRCSEd (Ortho)

Ann Acad Med Singapore 2008;37:294-9



In chronic cases, the author recommends an excision of the distal end of the clavicle and an allograft or autograft reconstruction of the coracoclavicular and acromioclavicular ligaments. The author prefers to utilise the **allograft hamstring tendon as a graft**. The role of adjunct fixation using the triple endobutton is to provide initial fixation to help reduce and maintain reduction until the graft has ligamentised.



The American Journal of Sports Medicine

Semitendinosus Tendon Graft Versus a Modified Weaver-Dunn Procedure for Acromioclavicular Joint Reconstruction in Chronic Cases

Mark Tauber et al

Am J Sports Med January 2009 vol. 37 no. 1 181-190

24 patients

Conclusion Semitendinosus tendon graft for coracoclavicular ligament reconstruction resulted in significantly superior clinical and radiologic outcomes compared to the modified Weaver-Dunn procedure.



Operative Orthopädie
und Traumatologie

Casuistry

A Salvage Procedure for Failed Weaver-Dunn Reconstruction

Chlodwig Kirchoff^{1,2}, Volker Braunstein^{1,2,3}, Sonja Buhmann⁴, Wolf Mutschler¹, Peter Biberthaler^{1,2}

The Problem

The failure rate after surgical acromioclavicular (AC) joint stabilization is of up to 10%. For revision, several techniques including modifications of the Weaver-Dunn procedure have been suggested. However, patients with failure of such revision techniques represent a special challenge due to the altered anatomic relationships and the lack of stabilizing structures.

Fallimenti 10%

Anatomia alterata



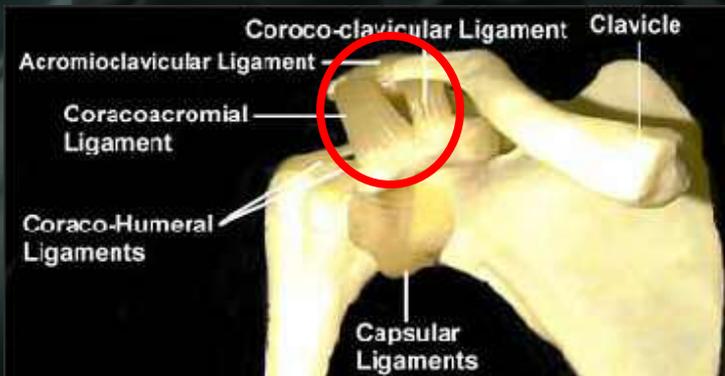
Lussazione A-C

RESISTENZA DEI LEG. CORACO-CLAVICOLARI

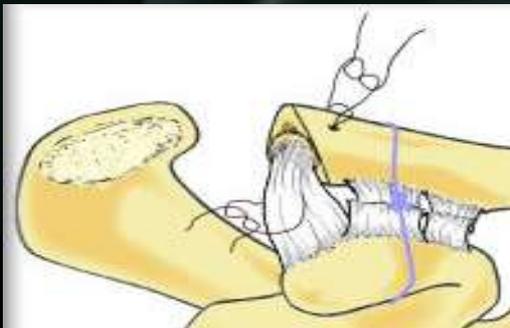
598 N

RESISTENZA COMPLESSO ART. A-Co-CI

815 N



Trasf. Leg Co - Ac. Pro clavicola



483 N

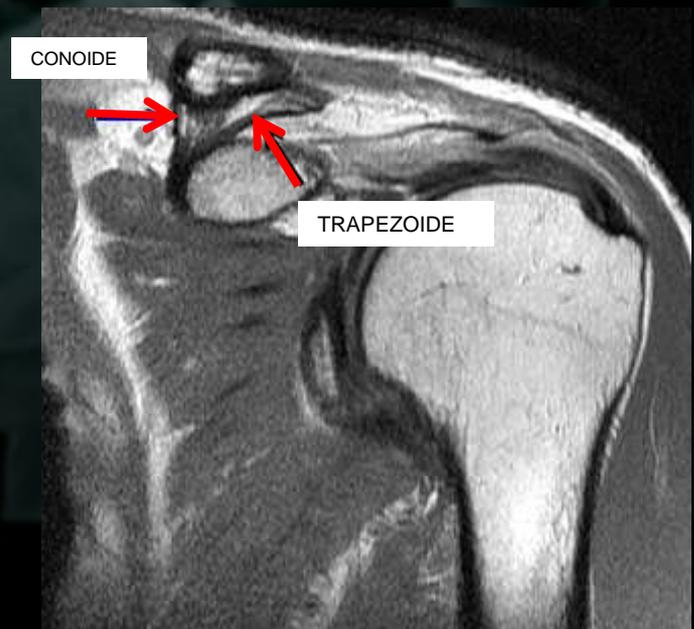
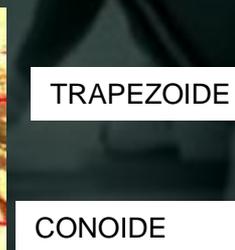
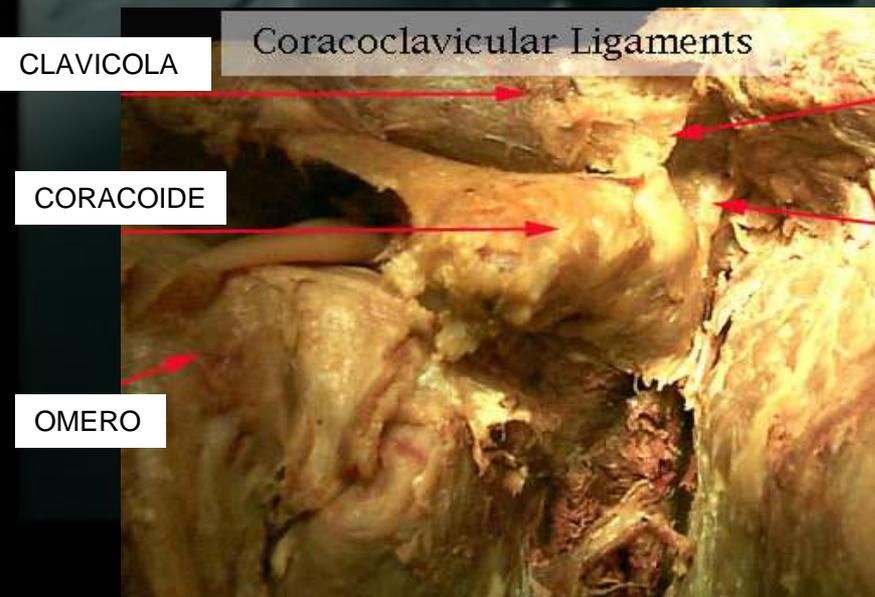
WALZ AJSM 2008



ORIENTAMENTO MODERNO

Ricostruzione Legamenti C-C

- *anatomica*
- *Mininvasiva*
- *Meccanicamente resistente*
- *Tecnicamente semplice*
- *Biologica*

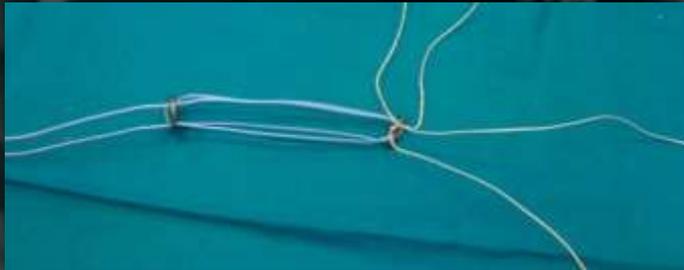




FIBER WIRE + BUTTON

485 N

1086 N



ALLOGRAFT *(EPA duplicato)*



AC GRAFT ROPE

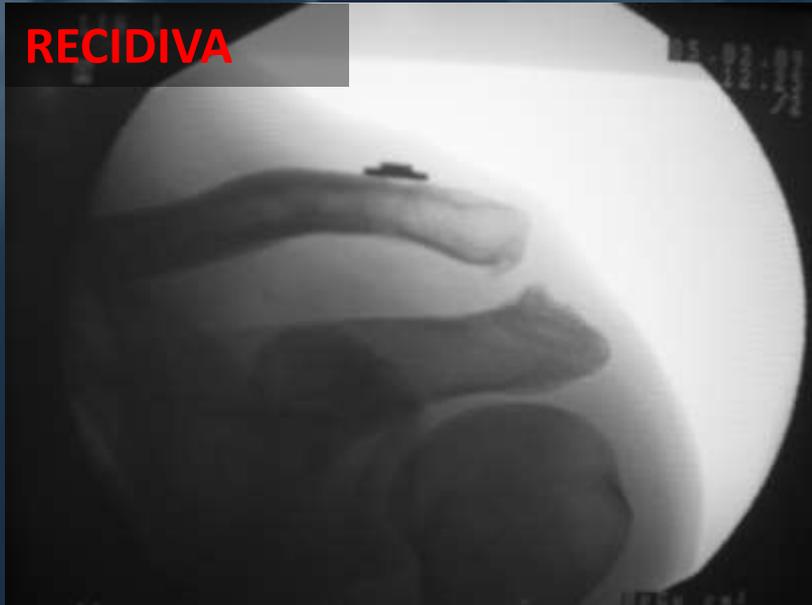




CRONICA



RECIDIVA



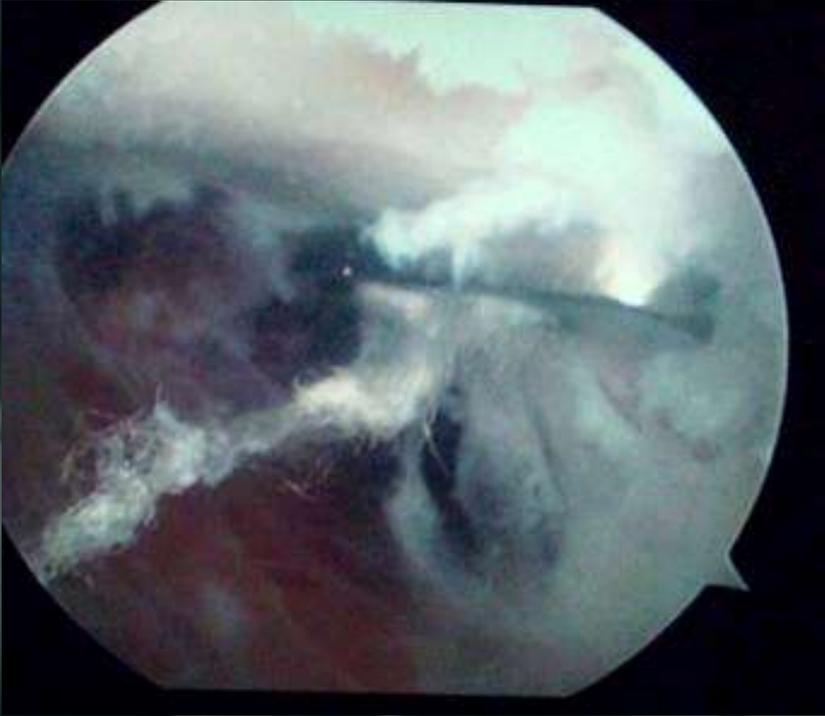
AC GRAFT ROPE



Art. dolorosa lussata anteriormente e sup.- rimozione placchetta cleveare



AC GRAFT ROPE



RIMOZIONE BOTTONE CORACOIDEO

AC GRAFT ROPE





AC GRAFT ROPE



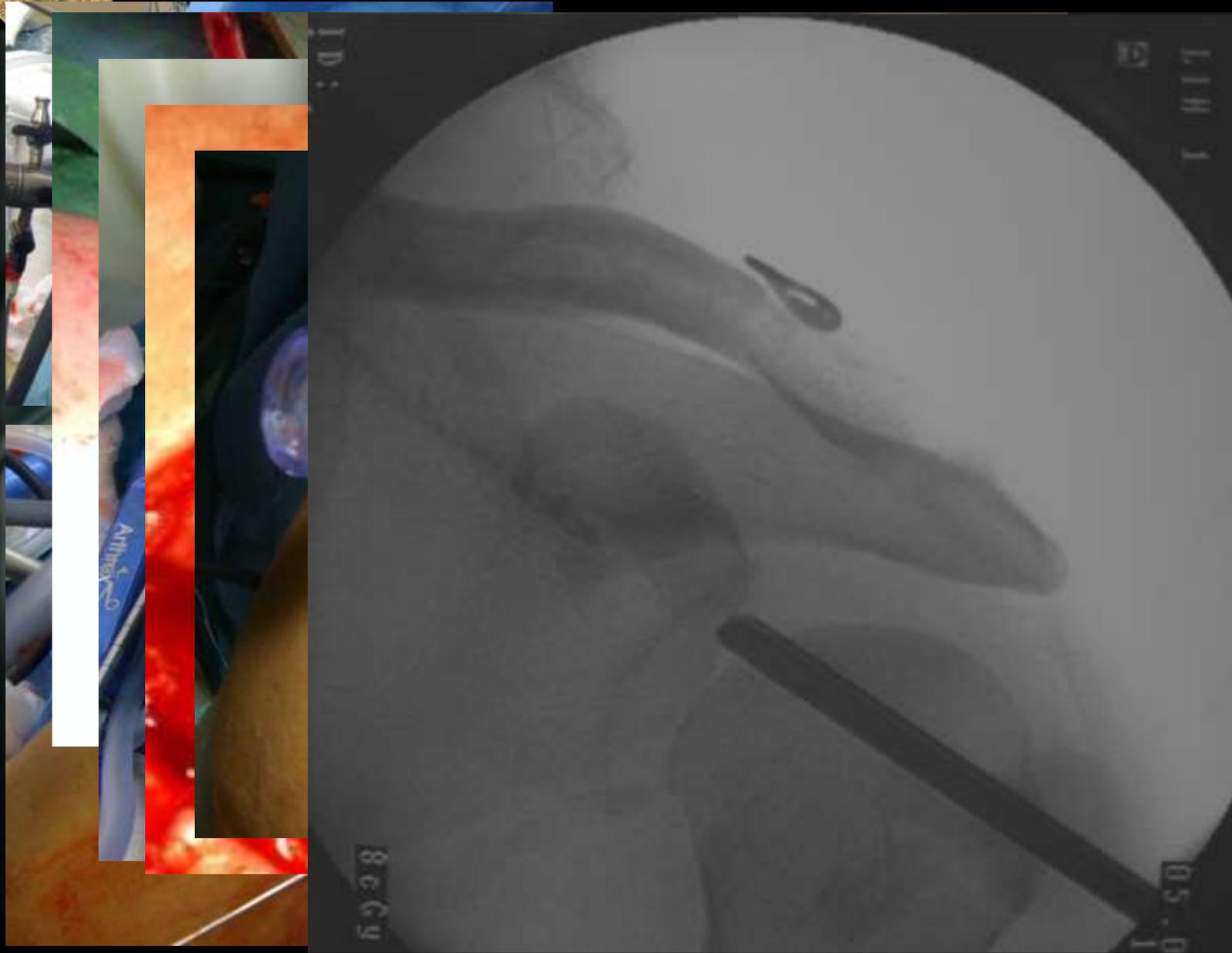


AC GRAFT ROPE



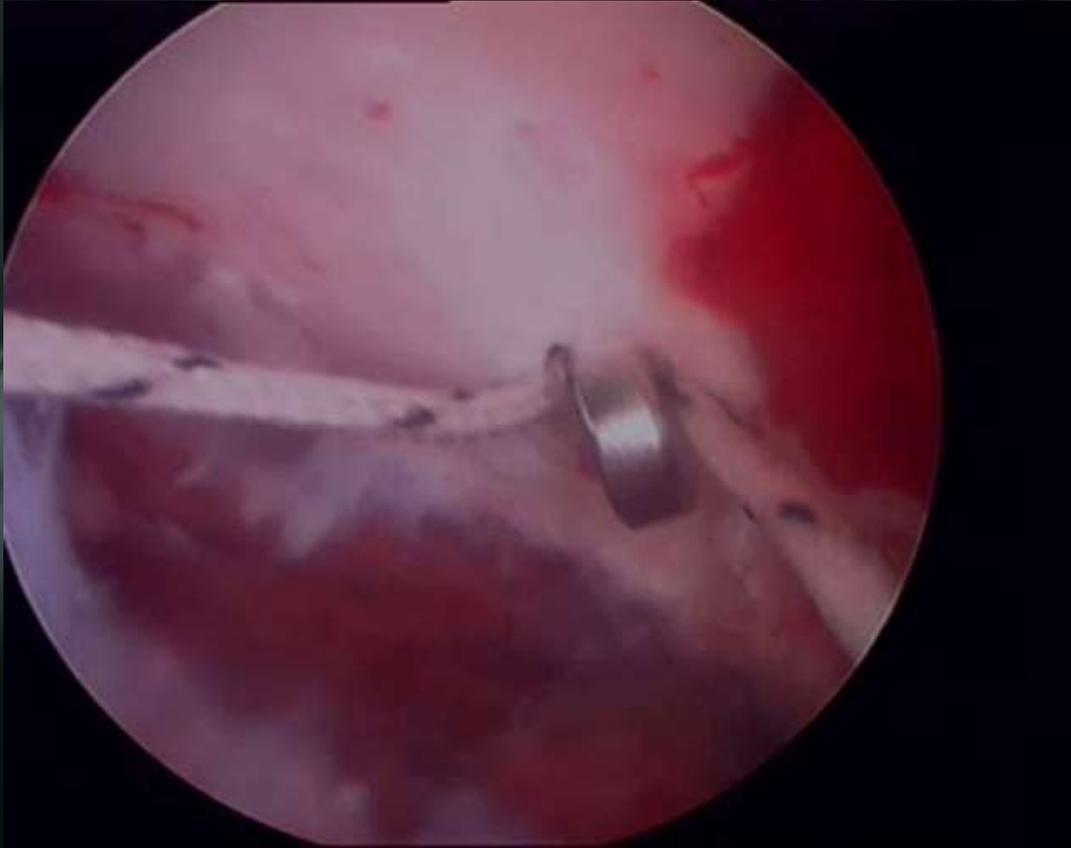
PREPARAZIONE DELL'IMPIANTO (ALLOGRAFT EPA)

AC GRAFT ROPE





AC GRAFT ROPE



IMPIANTO



- Nov. 2007 → sett. 2009 7 ricostruzioni artroscopiche
- Sesso: 7M
- Lato : 6 Sx – 1 Dx
- Età media: 40 aa (range 33-49 aa)
- Tipologia : 2 tipo III - 1 tipo IV – 2 tipo V – 2 recidive di Tight Rope
- Indicazione : sintomatologia - gravità – età – att.lavorativa /sport
- Riparazione A-C: single graft rope + allograft (epa duplicato)



■ valutazione pre- e post- operatoria :

1. Radiografie Standard
2. Clinica
3. Constant score
4. Indice di Soddisfazione Sogg. 1-10

■ Il Follow-Up medio 11,2 mesi (range 22-4)

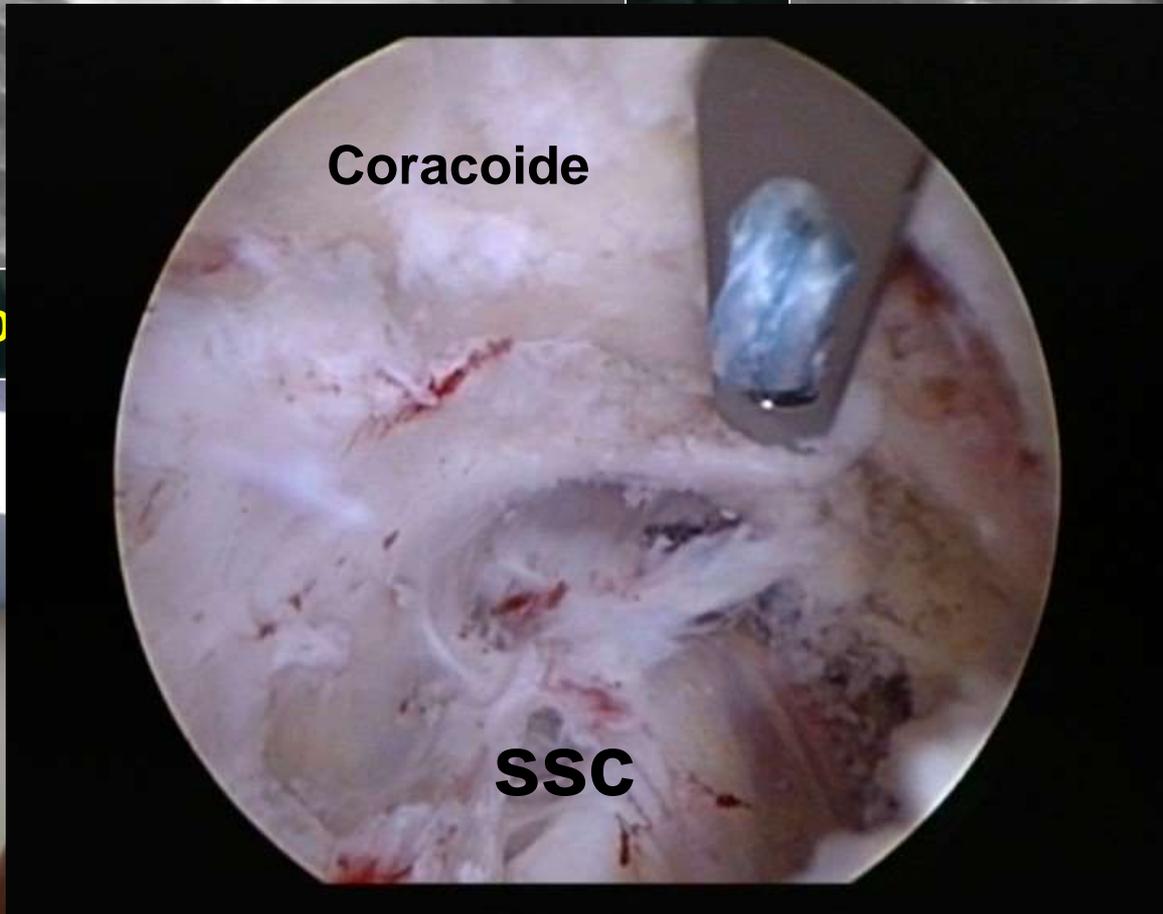
■ trattamento post-operatorio:

1. 0 – 4 settimane: Sling standard
2. 3 – 8 settimane: kinesi attiva e passiva
3. 8-12 settimane: rinforzo graduale con elastici e pesi
4. > 12 settimane: potenziamento, propriocettivi, recupero gesto atletico, studio dell'arco del movimento per deguamento del range articolare



Risultati

PAZIENTE	CONSTANT PRE-OP.	CONSTANT POST-OP	Incremento	Lesione	Soddisfazione	
CM 48 aa	58	69	+11	Tipo V	6	Sling 3 sett FKT aggressiva NO MUMFORD
MS 35 aa	35	88	+33	Recidiva	9	
SF 49 aa	59	86	+27	Recidiva	9	
DiMA 44 aa	72	89	+17	Tipo IV	7	Estetica sint.scarsa
LL 36 aa	73	91	+18	Tipo III	9	Estetica sint.scarsa
FP 33 aa	52	76	+24	Tipo III	9	
RF 35 aa	48	86	+38	Tipo V	9	
Media	56,7	83,5	24			



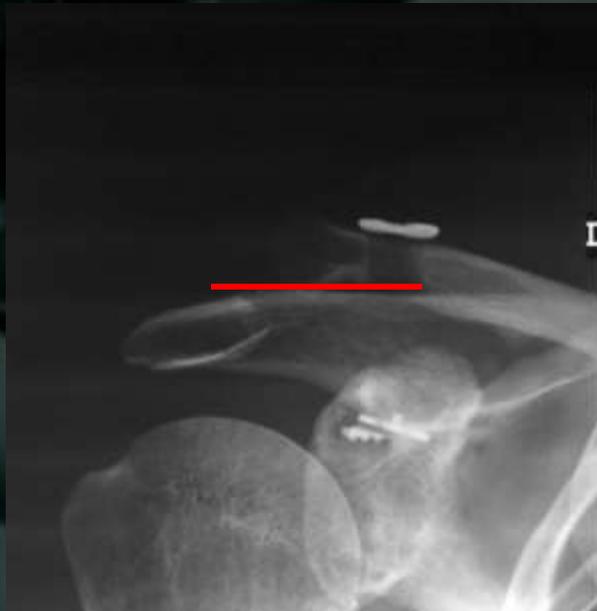
Febbraio 20



Settembre 2009



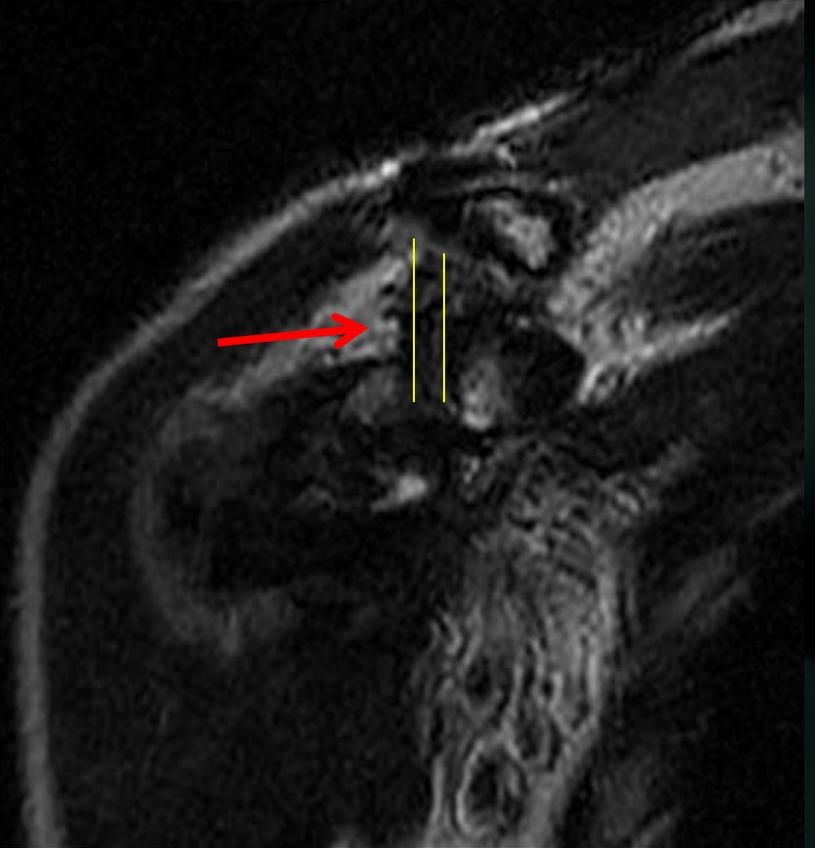
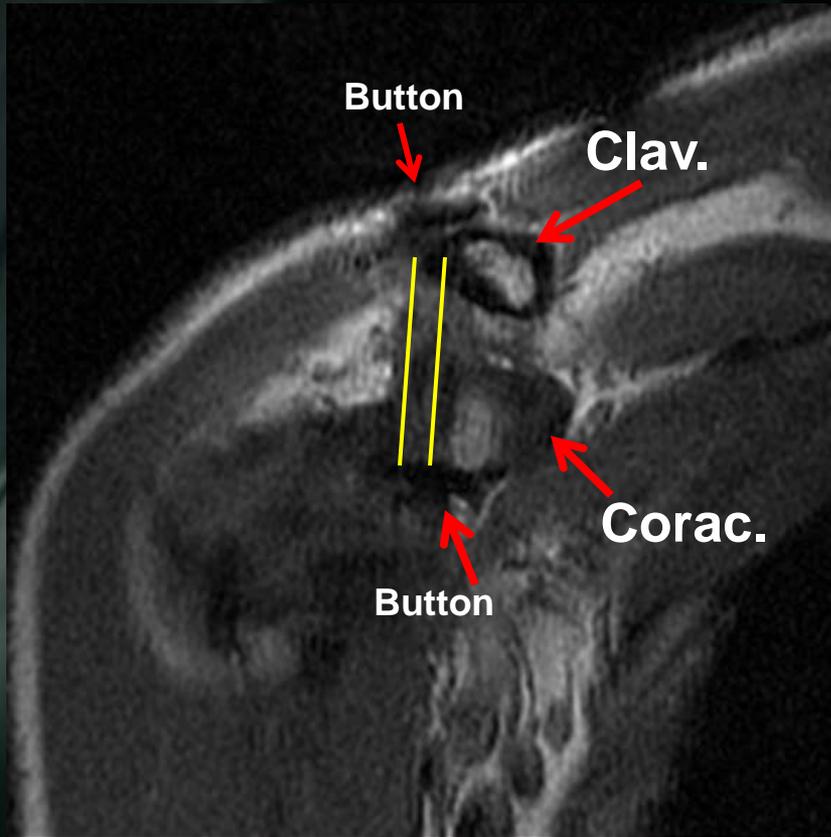
Gennaio 2009

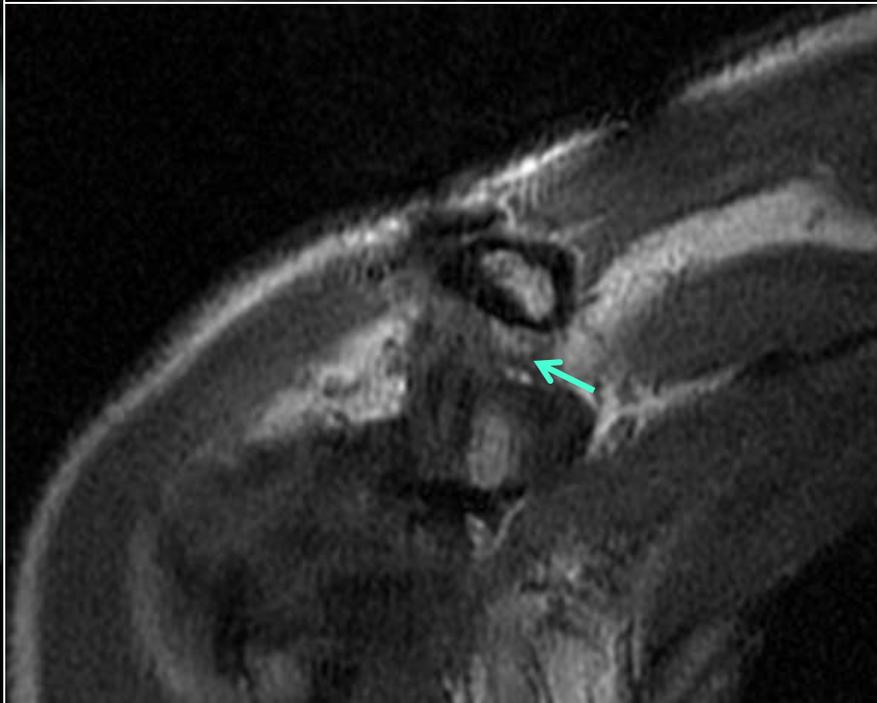
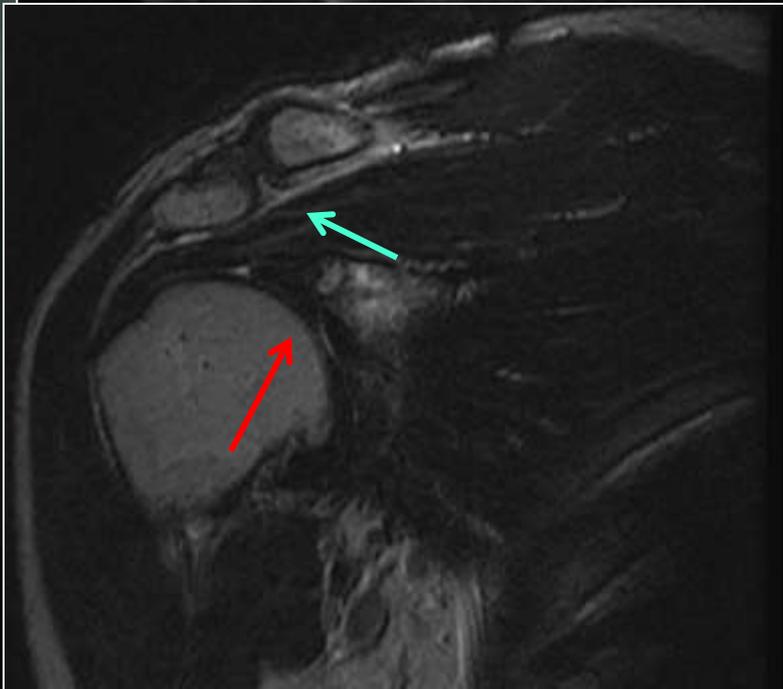
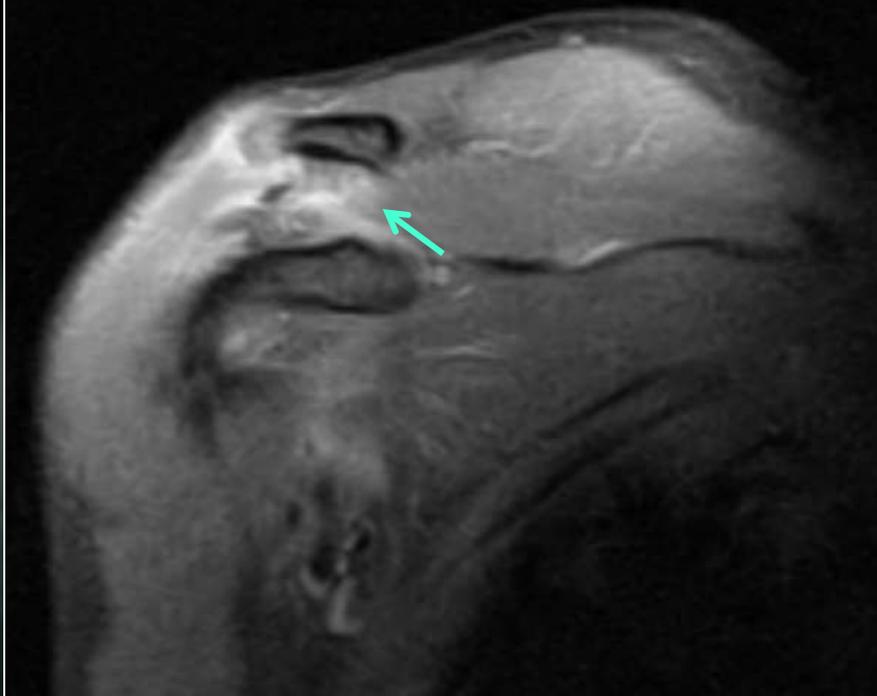


Settembre 2009











Considerazioni

Curva di Apprendimento rapida

Anatomia e minimo trauma chirurgico

Riparazione biologica (allograft)

Resistenza Meccanica



Rispetto di elementi tecnici

Immobilizzazione prolungata (4settimane)

Tempi di recupero lunghi (Mob A-c Lenta)

FKT non aggressiva (allograft)

Sterno clavareo rigido !?

ATTENZIONE - pz sintomatici - no estetica



GRAZIE



XIX CONGRESSO NAZIONALE S.I.A.
SOCIETÀ ITALIANA DI ARTROSCOPIA

TRENT'ANNI DI ARTROSCOPIA IN ITALIA



Società Italiana
di Artroscopia

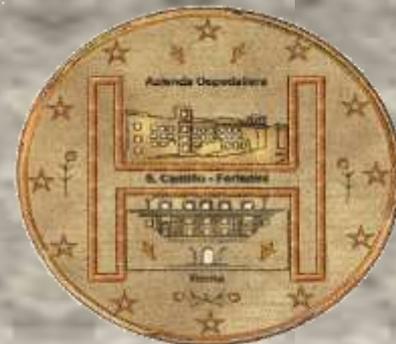
Presidente Onorario
Lamberto Perugia

Presidenti
Francesco Allegra
Andrea Ferretti



Roma, 1-3 ottobre 2009
Rome Marriott Park Hotel

**LA RIPARAZIONE DELLA LUSSAZIONE
ACROMION – CLAVEARE CRONICA CON
ALLOGRAFT ESPERIENZA PRELIMINARE.**



**M. SPOLITI,
S. CHIOSSI , F.R. ROSSETTI**

**SERVIZIO "ONE DAY SURGERY"
DIVISIONE DI CHIRURGIA ORTOPEDICA**

Primario: Prof. S. Rossetti

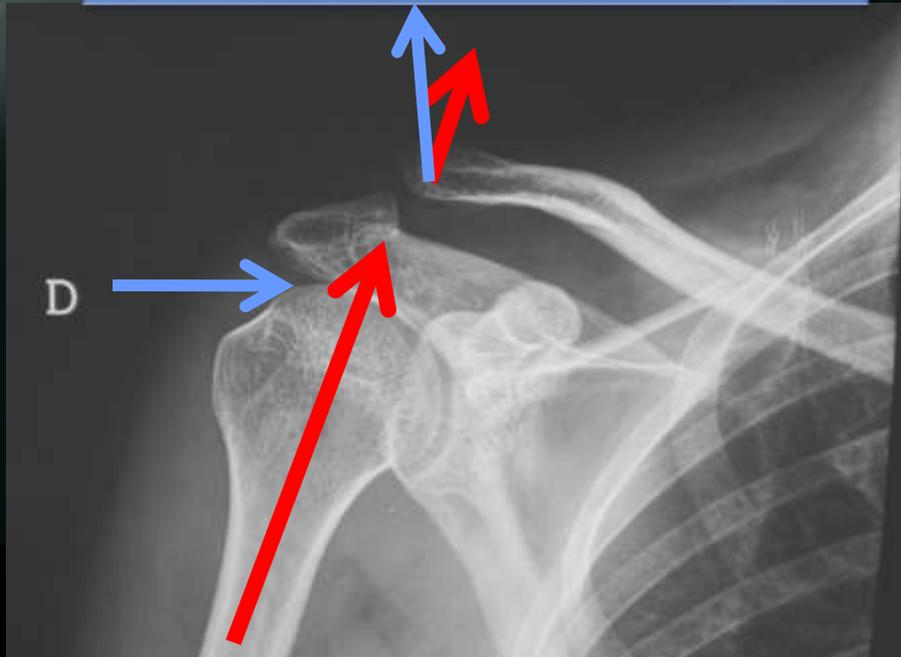
Azienda ospedaliera San.Camillo-Forlanini ROMA



Meccanismo di lesione



**TRAUMA DIRETTO IN
ADDUZIONE**



**TRAUMA INDIRETTO
CADUTA SUL GOMITO**



Meccanismo di lesione

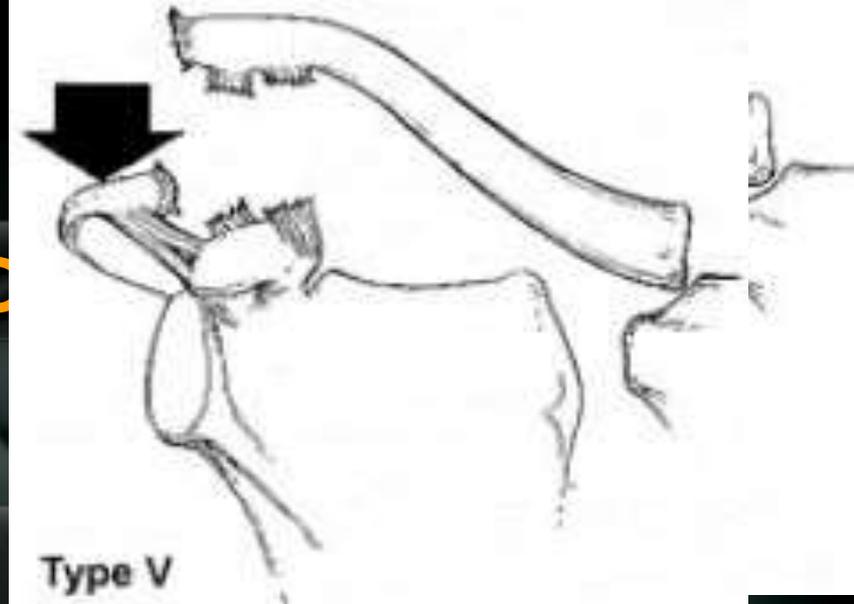
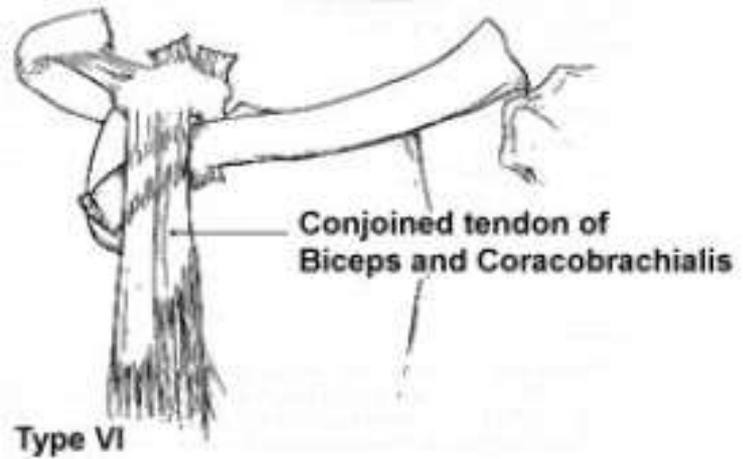
**TRAUMA INDIRETTO
CADUTA SUL GOMITO**



Tisher T. et Al AJSM 2008

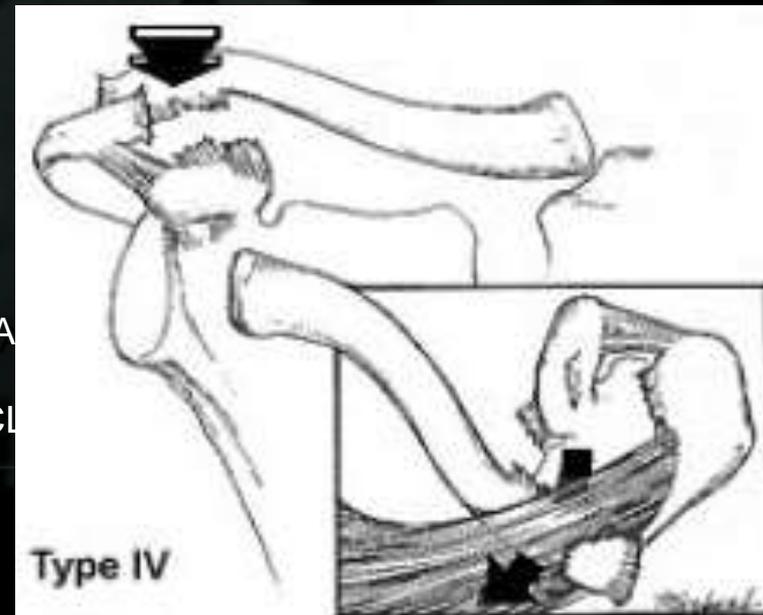
e A-C

HIRURGICO



TIPO DI LUSSAZIONE

- I DISTRAZIONE CAPSULARE A-C NO
- II ROTTURA CAPSULARE E DISTR. L.C.C. NO
- III ROTTURA CAPSULARE E L.C.C.
- IV TIPO III + AVULSIONE L.CC CON CLAVICOLA POSTERIORIZZATA ANCHE IN TRAPEZIO
- V TIPO III + CON ESAGERATO SPOSTAMENTO VERTICALE DA 100 A 300% RISPETTO AL LATO SA
- VI TIPO III + SPOSTAMENTO INFERIORE DELLA CL





Lussazione A-C

INDICAZIONE CHIRURGICA

TIPO 4 5 6

Walz L AJSM 2008

TIPO 3 lavoratori manuali ,

Choi AJSM 2008





Lussazione A-C acuta

Dolore - deformità - riduzione di forza



RIDUZIONE STABILE !



Lussazione A-C

RIDUZIONE

Prevenire l'instabilità

Permettere la guarigione dei leg.C.clavicolari

Recuperare la normale anatomia e funzione

WALZ L AJSM 2008



Lussazione A-C

LA RIDUZIONE E' STABILE

**QUANDO SOPPORTA
LE TENSIONI E I CARICHI CHE
AGISCONO SUL COMPLESSO ARTICOLARE
CLAVI -CORACO- ACROMIALE**



Lussazione A-C

RESISTENZA DEI LEG. CORACO-CLAVICOLARI

598 N

RESISTENZA COMPLESSO ART. A-Co-CI

815 N

WALZ L AJSM 2008





Lussazione A-C

4 PRINCIPALI TECNICHE CHIRURGICHE

1. FISSAZIONE A-C PRIMARIA CON :

E - PLACCHE – PLACCHE A UNCINO



LEGAME
R. LAT. C
ENTI – TR
CLAVIC
MUSCO





Lussazione A-C

RESISTENZA DEI LEG. CORACO-CLAVICOLARI

598 N

RESISTENZA COMPLESSO ART. A-Co-CI

815 N



Trasf. Leg Co - Ac. Pro clavicola

483 N



Lussazione A-C

- *Inferiore resistenza meccanica*
- *Inferiore stabilità*
- *Rigidità*
- *Mancato rispetto anatomia della a-c*
- *Alterata risposta alle diverse condizioni di carico funzionale.*

Salzmann GM ActaOrt.Bel. 2008
Mazzocca et Al AJSM 2007

Recidive , mobilizzazioni, dolore, disfunzione, artrosi e deformità

Non esiste una tecnica ideale

Yeow W. L. AnnAcc Med 2008
Lyon FA Rokwood CA JBJS Am 1990



Lussazione A-C acuta

**FISSAZIONE ARTROSCOPICA CON
TIGHT ROPE**



FIBER WIRE + BUTTON





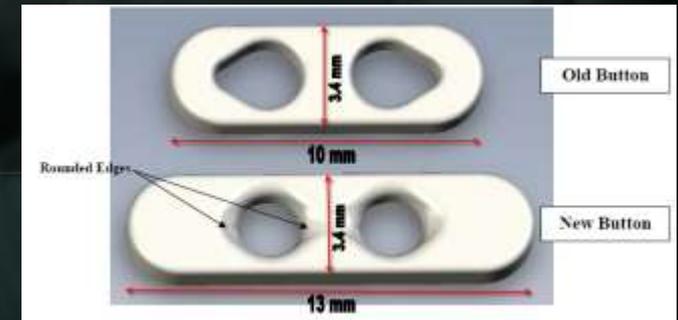
TIGHT ROPE

RESISTENZA DEI LEG. CORACO-CLAVICOLARI

598 N

RESISTENZA COMPLESSO ART. A-Co-CI

815 N



SISTEMA ENDOBUTTON

1086 N



TIGHT ROPE

RESISTENZA DEI LEG. CORACO-CLAVICOLARI

598 N

RESISTENZA COMPLESSO ART. A-Co-CI

815 N



1 STRAND -FIBER WIRE n 5

485 N





TIGHT ROPE

3 PRINCIPI

UNISCE LA STABILITA' AL RISPETTO
DELL'ANATOMIA E DELLA FUNZIONE CON UNA
PROCEDURA MININVASIVA

1. STABILITA'

2. ANATOMIA

3. MININVASIVITA'





TIGHT ROPE

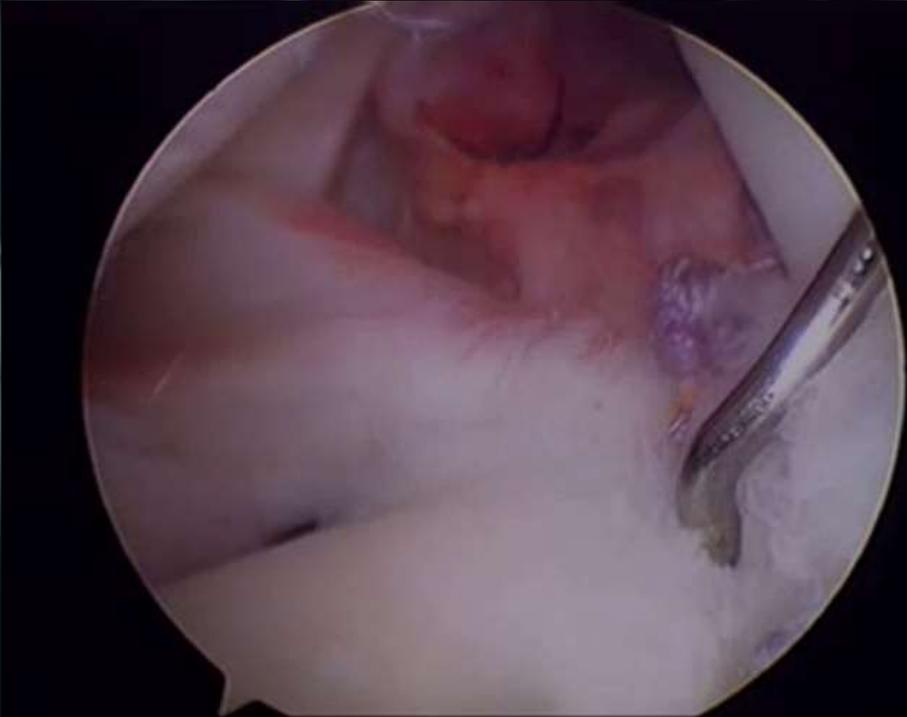
TECNICA



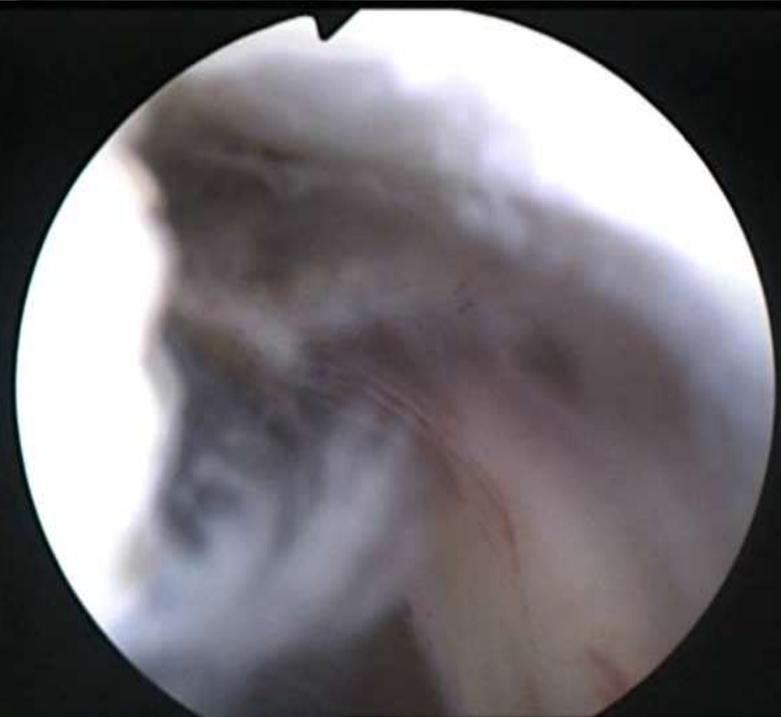


TIGHT ROPE

TECNICA



esposizione dell'arco della
Coracoide



Puntamento , passaggio del filo
guida e fresa



TIGHT ROPE

TECNICA



Passaggio del Tight Rope



- Sett. 2007 → nov. 2008 17 riparazioni artroscopiche acute
- Sesso: 15 M - 2 F
- Lato : 5 casi dx e 12 casi sin
- Età media: 33 aa (range 23-39 aa)
- Tipologia : 9 tipo III - 3 tipo IV - 5 tipo V.
- Indicazione : gravità –età–att.lavorativa /sport
- Riparazione A-C: single Tight Rope+les.associate.



- **valutazione pre- e post- operatoria :**

1. Radiografie Standard
2. Clinica
3. Indice Soddisfazione da 1 a 10

- **Il Follow-Up medio 4 mesi**

- **trattamento post-operatorio:**

1. 0 – 3 settimane: Sling standard
2. 3 – 6 settimane: kinesi attiva e passiva rinforzo solo isometrico
3. 6-12 settimane: rinforzo graduale con elastici e pesi
4. > 12 settimane: potenziamento, propriocettivi, recupero gesto atletico, studio dell'arco del movimento per deguamento del range articolare

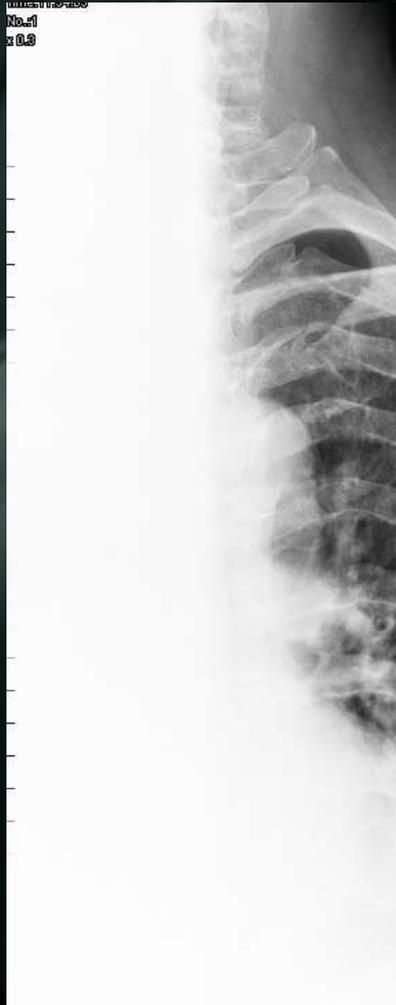


DIC 2007





DIC 2007





GENNAIO 2008





Febbraio 2009



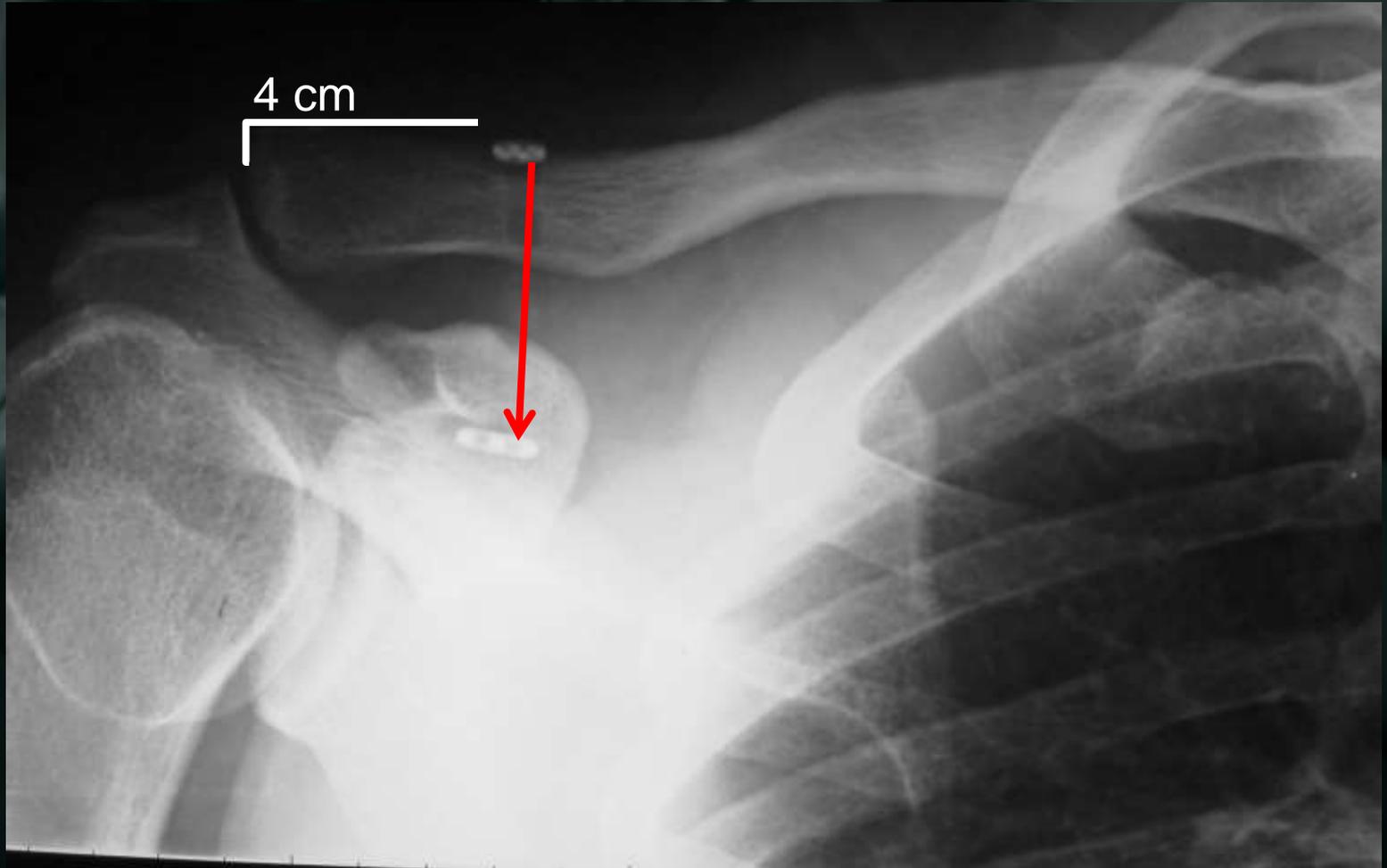


GENNAIO 2008





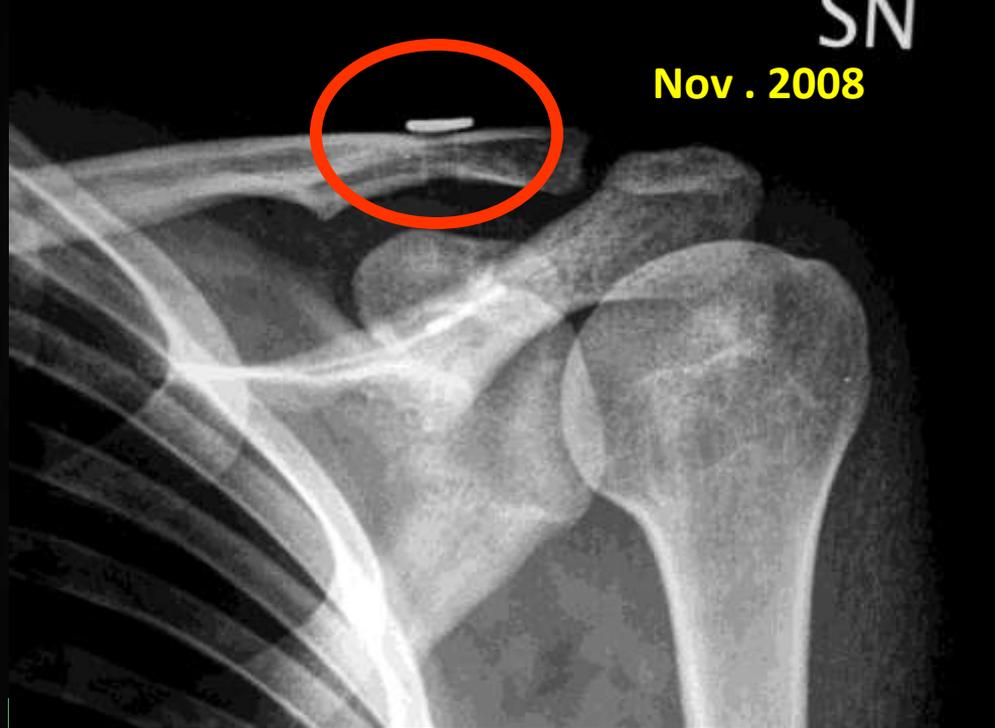
GENNAIO 2008



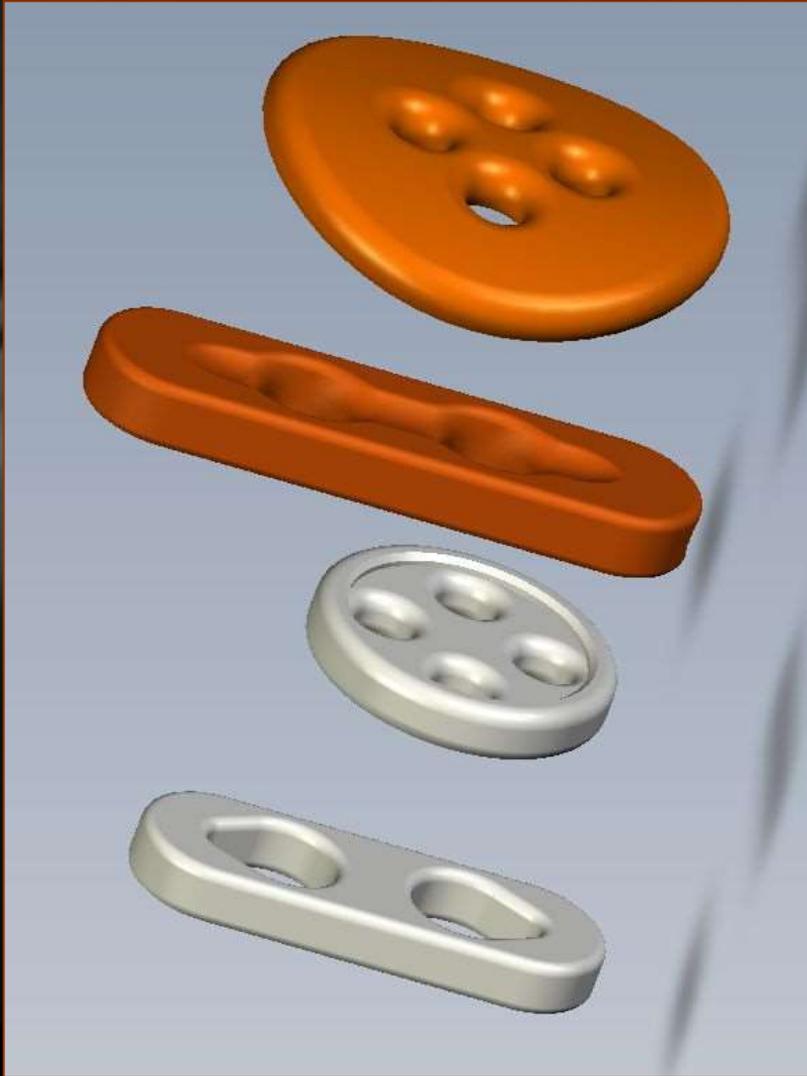


Marzo 2008









NEW VERSION

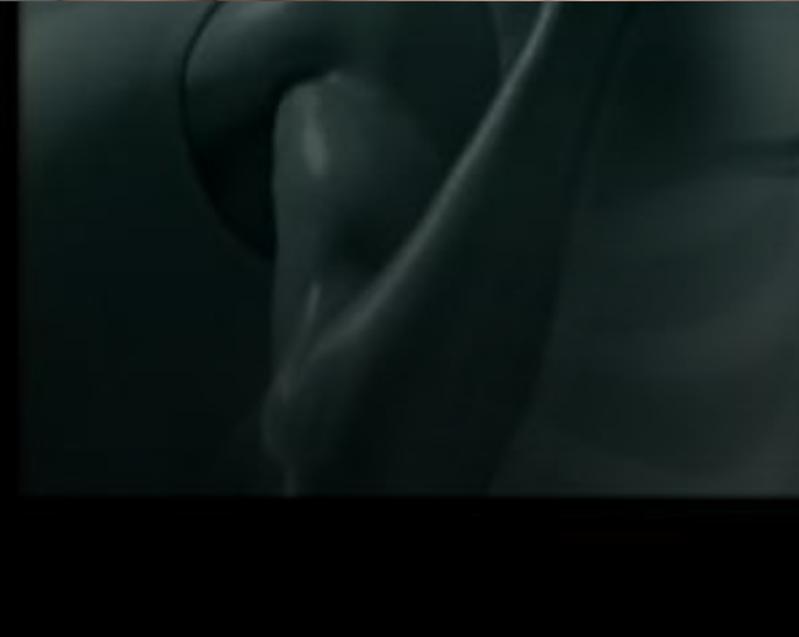


OLD VERSION



Sett.2008





Dic . 2008



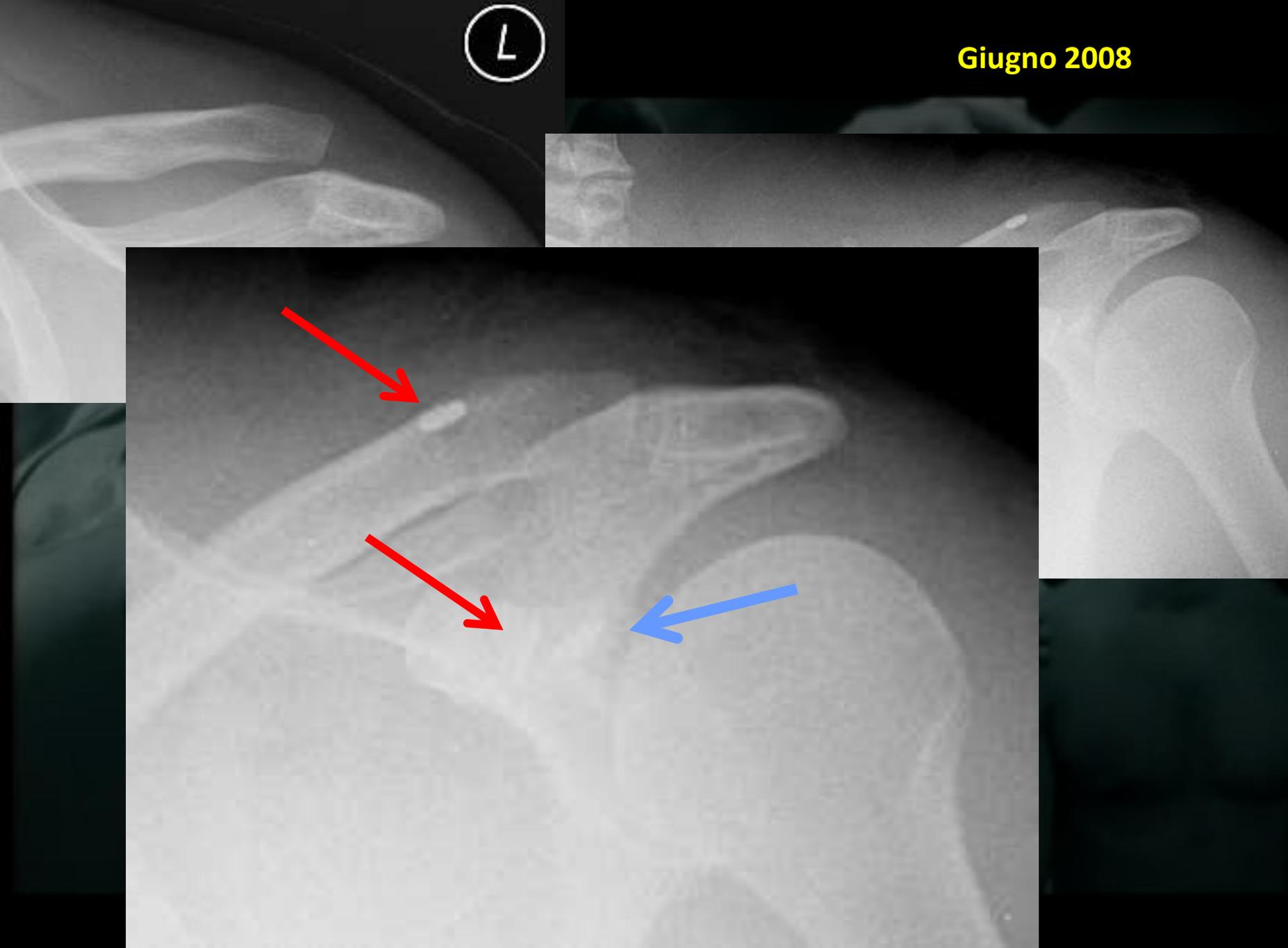


Giugno 2008



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Giugno 2008







RISULTATI su 17 casi

LESIONI ASSOCIATE

- 1 Lesione SLAP tipo 1
- 6 lesioni SLAP tipo 2
- 2 lesioni di cuffia (1 parziale articolare posteriore, 1 piccola crescent a tutto spessore)
- 1 rottura del terzo sup del sottoscapolare.

Indice di soddisfazione medio **8 punti**

2 recidive

Il recupero funzionale è risultato più lento nei pazienti con trattamento combinato rispetto a quelli senza lesioni associate.



CONCLUSIONI

- ***CURVA D'APPRENDIMENTO BREVE***
- ***TECNICA MININVASIVA ARTROSCOPICA***
- ***RISPETTO DELL'ANATOMIA***
- ***STABILITÀ***
- ***ELASTICITÀ***
- ***RIPARAZIONE ENTRO LE 2 SETTIMANE***
- ***IMMOBILITÀ PER TRE SETTIMANE***
- ***MONITORAGGIO RDX***
- ***TRATTAMENTO DEL CRONICO CON TRAPIANTO AUTOLOGO – OMOLOGO IN ARTROSCOPIA***



CONCLUSIONI

- ***NO RIMOZIONE DELLE SINTESI***
- ***TRATTAMENTO EVENTUALI LESIONI ASSOCIATE***

18,5% les. Associate (14,3 % SLAP- 3,4% Cuffia)

Tisher T. et Al AJSM 2008



Grazie



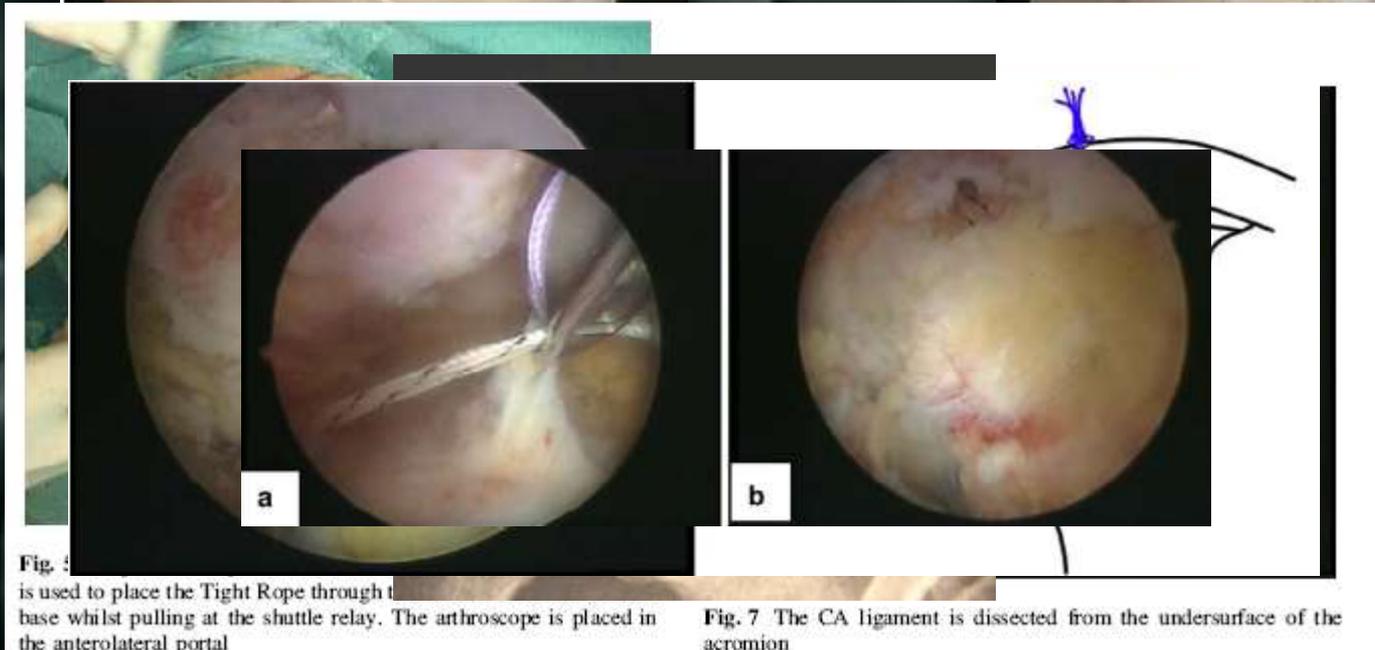
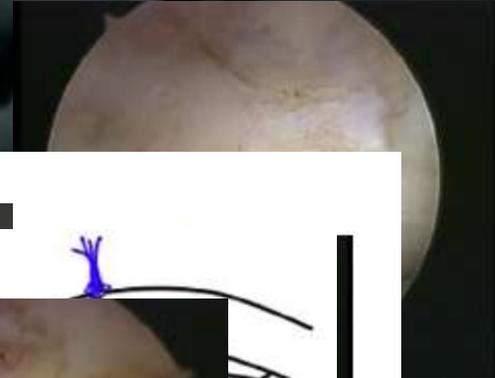


Fig. 4 is used to place the Tight Rope through the base whilst pulling at the shuttle relay. The arthroscope is placed in the anterolateral portal

Fig. 7 The CA ligament is dissected from the undersurface of the acromion

